



DRINKS



POWER SMOOTHIES

ADD WHEY PROTEIN (K70) OR COLLAGEN POWDER (K80)

ANTI INFLAMMATORY TURMERIC <i>Greek yogurt, turmeric powder, banana, lemon juice & coconut milk</i>	K180.00
AVOCADO LOVER <i>Avocado & banana Or Avocado & vanilla ice-cream</i>	K180.00
MANGO SUPERFOOD <i>Mango, Spinach, yogurt, chia seeds & honey</i>	K180.00
THE ANTI- OXIDANT <i>Mixed berries, banana, pineapple, coconut water, almond butter & agave</i>	K180.00
ULTIMATE DETOX <i>Broccoli, spinach/kale, mango, ginger & apple juice</i>	K180.00
CLEANSING ENERGY BOOSTER <i>Spinach, cucumber, banana & lemon</i>	K180.00
ENERGISER BUNNY <i>Peanut butter, banana & plain yogurt</i>	K180.00
PIÑA COLADA <i>Pineapple, banana, coconut milk</i>	K180.00
TROPICAL <i>Banana, coconut milk, mango, strawberry & pineapple</i>	K180.00

SOFTIES

COKE	K45.00
COKE ZERO	K45.00
FANTA	K45.00
SPRITE	K45.00
RED BULL	K60.00
FITCH & LEEDS GINGER ALE	K45.00
FITCH & LEEDS LEMONADE	K45.00
FITCH & LEEDS TONIC WATER	K45.00
FITCH & LEEDS PINK TONIC	K45.00
FITCH & LEEDS SODA WATER	K45.00
PURE JOY JUICES	K85.00
STILL WATER	K25.00
VOX WATER	K35.00
SPARKLING WATER	K45.00
ROCK SHANDY	K105.00
MALAWI SHANDY	K105.00
PASSION SHANDY	K105.00
HOMEMADE LEMONADE	K105.00
ORANGE & COCONUT WATER	K125.00

HOT DRINKS

ESPRESSO	K60.00
DOUBLE ESPRESSO	K70.00
CAFÉ LATTÉ	K75.00
HOT CHOCOLATE	K90.00
CAFÉ MOCHA	K90.00
VANILLA LATTÉ	K95.00
HAZELNUT LATTÉ	K95.00
CORTADO	K80.00
AFFOGATO	K125.00
AMERICANO	K60.00
CAPPUCCINO	K70.00
GRAND CAPPUCCINO	K80.00
GREEK COFFEE	K60.00
MACCHIATO	K60.00
ROOIBOS CHAI	K65.00
FIVE ROSES TEA	K65.00
EARL GREY TEA	K65.00
ROOIBOS TEA	K65.00
LEMON & GINGER TEA	K65.00
MINT TEA	K65.00
TURMERIC LATTÉ	K95.00
<i>Milk, ground turmeric, cinnamon & vanilla extract</i>	
BEETROOT LATTÉ	K95.00
<i>Brewed hot coffee, fresh beetroot, & agave syrup</i>	
MATCHA LATTÉ NEW	K110.00
<i>Milk, MATCHA & Honey</i>	
SALTED CARAMEL LATTÉ NEW	K95.00
<i>Milk, Coffee & Salted Caramel Syrup</i>	
VANILLA CHAI LATTÉ NEW	K95.00
<i>Milk, Vanilla Chai & Honey</i>	
SPICED CHAI LATTÉ NEW	K95.00
<i>Milk, Chai Spices & Honey</i>	

ALCOHOLIC COFFEE

IRISH COFFEE (HOT)	K165.00
<i>Double shot of espresso with a double tot of Jameson Whiskey</i>	

EXTRAS

OAT MILK	K50.00
SOY MILK	K50.00
ALMOND MILK	K50.00
COCONUT MILK	K50.00

COLD COFFEES

DALGONA COFFEE	K90.00
ICED AMERICANO	K60.00
ICED LATTE	K85.00
ICED COFFEE MOCHA	K95.00
MATCHA	K110.00
SALTED CARAMEL	K95.00
VANILLA CHAI	K95.00
SPICED CHAI	K95.00

FRESH JUICES

FLU JUICE	K150.00
<i>Orange, carrot, lemon, ginger & cayenne pepper</i>	
HEART BEET	K150.00
<i>Apple, beetroot, cucumber, lemon & mint</i>	
CBC	K150.00
<i>Carrot, beetroot & celery</i>	
YOUR DAILY GREENS	K150.00
<i>Apple, spinach/kale, cucumber, celery & chia seeds</i>	
SUPER SKIN SAVER	K150.00
<i>Cucumber, pineapple & apple</i>	
COCONUT BURST	K150.00
<i>Coconut milk, banana, apple, & pineapple</i>	
VITAMIN SEE	K150.00
<i>Mango, Pineapple, carrot & orange</i>	
LEMON - AID	K150.00
<i>Freshly squeezed lemon juice, pineapple, ginger, apple juice & mint</i>	

HEALTH SHOTS

BLACK LEMON- AID SHOT	K60.00
<i>Activated charcoal, lemon & honey</i>	
GINGER SHOT	K60.00
<i>Pure Ginger Shot</i>	
FLU SHOT	K60.00
<i>Ginger, honey, lemon & cayenne powder</i>	

HEALTHY JARS

FRUIT SALAD CRUNCH	K170.00
<i>Fresh apple, pineapple, watermelon, orange, grape, banana topped with crunchy granola</i>	
BANANA, HALVA & APPLE	K170.00
<i>Sliced banana, natural yogurt, apple, halva, honey, mixed seeds & nuts topped with crunchy muesli</i>	
VITAL BERRY	K170.00
<i>Mixed Berries, natural yogurt, banana, honey, house made berry compote, granola & chia seeds</i>	

YOGHURT SMOOTHIES

MIXED BERRY	K150.00
TROPICAL	K150.00
MANGO	K150.00
STRAWBERRY	K150.00
BANANA & MANGO	K150.00

FROZEN SMOOTHIES

MANGO MADNESS	K140.00
MINT LEMONADE	K140.00
MIXED BERRY	K140.00
STRAWBERRY	K140.00
PINK LEMONADE	K140.00
WATERMELON & KIWI	K140.00
GREEN APPLE & KIWI	K140.00
ICED CAPPUCINO	K140.00
FUDGE CARAMEL	K140.00
SALTED CARAMEL	K140.00
MATCHA & WHITE CHOC FRIO	K180.00

SHAKES

STRAWBERRY SPRINKLE	K140.00
CHOCOHOLIC	K140.00
COFFEE	K140.00
VANILLA BEAN	K140.00
OREO SHAKE	K140.00
TIRAMISU	K140.00
TOASTED MARSHMALLOW	K155.00
SALTED CARAMEL POPCORN	K155.00
MATCHA	K160.00

BOBA ICED TEA

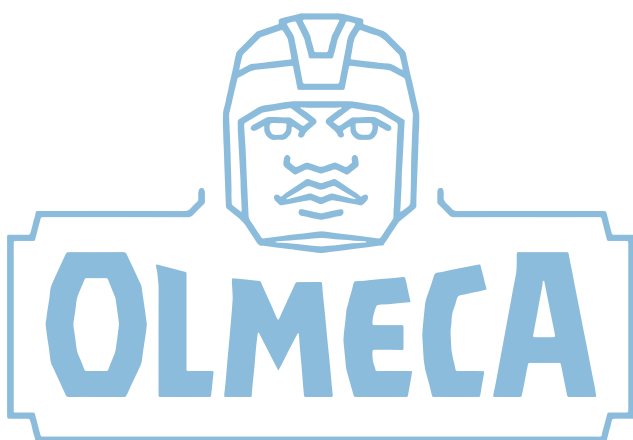
White tea base with lemonade, refreshing flavours topped with bursting fruit boba's

MANGO & PASSION	K160.00
BERRY BURST	K160.00
GREEN APPLE	K160.00
COTTON CANDY	K160.00
CLOUDY LEMONADE	K160.00
PEACH ICED TEA	K160.00

MILK BOBA ICED TEA

*White tea base with cow milk topped with chewy tapioca boba's
*Choice of Milk options at an extra fee**

MATCHA	K165.00
ALMOND	K165.00
CAFE LATTE	K165.00



TEQUILA

Alcohol



COCKTAILS

BAOBAB G&T <i>Beefeater gin, baobab syrup & tonic</i>	K195.00
OPIUM <i>Jameson, Strawberry & Lemon Syrup</i>	K195.00
WHISKEY SOUR <i>Jameson, Lemon syrup & bitters</i>	K205.00
CLASSIC MINT MOJITO <i>Bacardi rum, lime juice, mint syrup & soda</i>	K210.00
STRAWBERRY MOJITO <i>Bacardi rum, lime juice, mint strawberry syrup & soda</i>	K200.00
FROZEN MINT MOJITO <i>White Bacardi rum, mint syrup, mint leaves blended</i>	K200.00
THE SIESTA <i>Olmecca Tequila gold, martini rosso, baobab cordial & tonic</i>	K195.00
CLASSIC MARGARITA <i>Olmecca Tequila Silver, Triple sec & Lime juice</i>	K200.00
FROZEN LIME MARGARITA <i>Olmecca Tequila Silver, Triple Sec & Lime Cordial Blended</i>	K190.00
FROZEN STRAWBERRY DAIQUIRI <i>Havana rum, lime juice & strawberry syrup</i>	K210.00
FROZEN MANGO LIME DAIQUIRI <i>Bacardi white rum, lime juice & frozen mango</i>	K210.00
VODKA LIME-ADE <i>Absolut vodka, lime juice, sugar syrup & lemonade</i>	K180.00
MIMOSA <i>Pineapple, orange or litchi juice, topped with Sparkling Wine</i>	K115.00
TEQUILA OLD FASHIONED <i>Olmecca Tequila gold, orange cordial & bitters</i>	K180.00
LONG ISLAND ICE TEA <i>Tequila, Bacardi, gin, vodka, lime syrup, topped with coke</i>	K220.00
FROZEN KIWI & WATERMELON <i>Absolut Vodka, Kiwi syrup & frozen watermelon</i>	K210.00
STRAWBERRY FIELD <i>Beefeater pink gin, strawberry syrup topped with pink tonic</i>	K180.00
DON PEDRO (COLD) <i>Amarula Blended with Vanilla Ice-cream</i>	K150.00
SPICY WATERMELON MARGARITA <i>Fresh watermellon, tequila, jalapeno, lime with a spicy tajin rim</i>	K200.00
SPICY MANGO MARGARITA <i>Mango, tequilla, jalapena, lime with a spicy tajin rim</i>	K200.00
SPICY BLOODY MARY <i>Tomato juice, vodka, lemon juice, spicy Bloody Mary mix</i>	K205.00
APEROL SPRITZ <i>Aperol, Prosecco & soda</i>	K230.00
KYAMI PASSION <i>Kyami Gin, Passion, soda, Vanilla syrup, lime juice</i>	K190.00
1964 PINEAPPLE GIN SMASH <i>Fresh Pineapple, syrup, 1964 Gin & Tonic</i>	K180.00
ALVEARIUM HUGO SPRITZ <i>Lemon juice, elderflower syrup & Alvearium gin</i>	K180.00
BEE'Z KNEES <i>African ginger syrup, lemon juice, Alvearium gin & honey</i>	K180.00

CRAFT GIN

	TOT	BOTTLE
SUGARBIRD SPIRIT JUNIPER UNFILTERED PURPLE GIN	K85.00	K1000.00
ZAMBIAN GIN		
1964 CRAFT GIN	K90.00	K1100.00
ALVEARIUM GIN	K70.00	K800.00
KYAMI GIN	K90.00	K1100.00

SPIRITS

Spirit Bottles Come With 4 Complimentary Mixers

	TOTS	BOTTLE
HENNESSY	K115.00	K2,000.00
JAMESON	K60.00	K900.00
JAMESON BLACK BARREL	K85.00	K1,350.00
JAMESON IPA	K85.00	K1,350.00
JACK DANIELS	K70.00	K950.00
GLENFIDDICH 12 YRS	K120.00	K1,900.00
GLENFIDDICH 15 YRS	K145.00	K2,100.00
GLENFIDDICH 18 YRS	K180.00	K3,500.00
GLENLIVET 12 YRS	K115.00	K1,900.00
GLENLIVET 18 YRS	K200.00	K3,980.00
GLENMORANGIE 10 YRS	K115.00	K2,300.00
GLENMORANGIE 12 YRS	K125.00	K2,500.00
GLENMORANGIE 14 YRS	K160.00	K2,700.00
JOHNNY WALKER BLACK	K80.00	K950.00
JOHNNY WALKER BLUE	K500.00	K8,000.00
CHIVAS 12 YRS	K70.00	K950.00
GREY GOOSE	K80.00	K1,300.00
SMIRNOFF VODKA	K55.00	K790.00
ABSOLUT VODKA	K60.00	K850.00
BEEFEATER PINK GIN	K60.00	K850.00
BEEFEATER GIN	K60.00	K850.00
BEEFEATER BLOOD ORANGE	K60.00	K850.00
BEEFEATER 24	K60.00	K850.00
BOMBAY GIN	K70.00	K850.00
GORDONS GIN	K55.00	K850.00
BELGRAVIA PINK GIN	K60.00	K850.00
BELGRAVIA DARK CHERRY	K60.00	K850.00
CAPTAIN MORGAN DARK RUM	K55.00	K850.00
SOUTHERN COMFORT	K65.00	K850.00
AMARULA	K65.00	K850.00
MALIBU	K60.00	K850.00
OLMECA TEQUILA GOLD	K65.00	K850.00
BACARDI WHITE RUM	K65.00	K850.00
KWV BRANDY 12YRS	K65.00	K760.00

BEERS | CIDERS

CASTLE	K55.00
CASTLE LITE	K65.00
MOSI	K55.00
WINDHOEK DRAUGHT	K70.00
WINDHOEK LAGER	K70.00
WINDHOEK LIGHT	K65.00
FLYING FISH	K60.00
SAVANNAH CIDER	K80.00
HEINEKEN	K80.00
HEINEKEN SILVER	K80.00
STELLAR ARTOIS	K80.00
BUDWEISER	K70.00
HUNTERS GOLD	K80.00
HUNTERS DRY	K80.00
BLACK LABEL	K70.00
BRUTAL FRUIT	K80.00
CORONA	K80.00

SHOTS

JAGERBOMB	K100.00
BLOWJOB	K100.00
BLUE	K100.00

Vodka, malibu, pineapple juice, blue curacao & sprite

WINE

HOUSE WINE BY GLASS

DU TOITSKLOOF SAUV BLANC	K130.00
DU TOITSKLOOF CAV SAUV SHIRAZ (D)	K150.00
WATERKLOOF FALSLEY ROSE	K150.00
CRONIER SWEET RED	K150.00

WHITE WINE

L'AVENIR PROVENANCE CHENIN BLANC	K650.00
PINTA NEGRA BLANCO BLEND	K650.00
TOKARA SAUVIGNON BLANC	K970.00
SARAH'S CREEK SAUV BLANC	K550.00
SIMONISIG PINOT GRIGIO	K650.00
INYOSI SWEET WHITE	K850.00
KEN FORRESTER PETIT SAUV BLANC	K850.00
MAN FAMILY SAUVIGNON BLANC	K900.00
LA MOTTE SAUVIGNON BLANC	K900.00
BELLINGHAM PEAR TREE CHENIN BLANC	K850.00
FRANSCHHOEK UNWOODED CHARDONNAY	K900.00

ROSE WINE

L'AVENIR HORIZON ROSE DE PINOTAGE	K650.00
PAINTED WOLF THE DEN DRY ROSE	K600.00
BALANCE NATURAL SWEET ROSE	K550.00
PINTA BEGRA ROSE	K650.00
SIMONSVEI SHIRAZ ROSE	K650.00
BELLINGHAM BERRY BUSH ROSE	K700.00
LA MOTTE ROSE	K800.00

RED WINE

ANTHONY RUPERT	K2,300.00
CHOCOLATE BLOCK	K2,400.00
MEERLUST MERLOT	K2,100.00
MEERLUST RUBICON	K2,300.00
MAN FAMILY PINOTAGE	K1,100.00
MAN FAMILY SHIRAZ	K1,100.00
MAN FAMILY CAB SAUV	K1,100.00
LA MOTTE MILLENNIUM	K1,000.00
KEN FORRESTER PETIT CAB SAUV	K980.00
TOFFEE CHUNK SYRAH	K700.00
JA MOCHA	K700.00
FRANSCHHOEK CINSULT	K800.00
FRANSCHHOEK CAB SAUV	K800.00
PAINTED WOLF THE DEN CAB SAUV	K650.00
PAINTED WOLF THE DEN PINOTAGE	K650.00
DU TOITSKLOOF MERLOT	K450.00
NEDERBURG PINOTAGE	K500.00
NEDERBURG CAB SAUV	K500.00
NEDERBERG MERLOT	K500.00
CRONIER DRY RED	K450.00
INYOSI SWEET RED	K900.00
JAM JAR SWEET RED	K700.00
SARAH'S CREEK SWEET RED	K500.00

SPARKLING WINE

GRAHAM BECK BRUT NV	K850.00
GRAHAM BECK BRUT ROSE NV	K850.00
GRAHAM BECK BLISS NECTAR NV	K850.00
JAM JAR SPARKLING SWEET BLUSH	K700.00
MAN FAMILY SPARKLING CHENIN BLANC	K900.00
ZONIN LIMONETO SPRITZ	K900.00
SIMONSVLEI PEACH BELLINI SPRITZ	K850.00

CHAMPAGNE

MOET BRUT	K2,100.00
MOET NECTAR	K2,300.00
VEUVE CLICQUOT ROSE	K3,200.00
VEUVE CLICQUOT BRUT	K3,000.00

