



MINT — H I L L S —

DRINKS



POWER SMOOTHIES

ADD WHEY PROTEIN (K70) OR COLLAGEN POWDER (K80)

ANTI INFLAMMATORY TURMERIC	K180.00
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Greek yogurt, turmeric powder, banana, lemon juice & coconut milk

AVOCADO LOVER	K180.00
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Avocado & banana Or Avocado & vanilla ice-cream

MANGO SUPERFOOD	K180.00
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Mango, Spinach, yogurt, chia seeds & honey

THE ANTI- OXIDANT	K180.00
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Mixed berries, banana, pineapple, coconut water, almond butter & agave

ULTIMATE DETOX	K180.00
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Broccoli, spinach/kale, mango, ginger & apple juice

CLEANSING ENERGY BOOSTER	K180.00
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Spinach, cucumber, banana & lemon

ENERGISER BUNNY	K180.00
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Peanut butter, banana & plain yogurt

PIÑA COLADA	K180.00
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Pineapple, banana, coconut milk

TROPICAL	K180.00
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Banana, coconut milk, mango, strawberry & pineapple

SOFTIES

COKE	K45.00
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COKE ZERO	K45.00
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FANTA	K45.00
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SPRITE	K45.00
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RED BULL	K60.00
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GINGER ALE	K45.00
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LEMONADE	K45.00
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TONIC WATER	K45.00
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PINK TONIC	K45.00
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SODA WATER	K45.00
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PURE JOY JUICES	K85.00
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ORANGE & COCONUT WATER	K125.00
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STILL WATER	K25.00
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VOX WATER	K35.00
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SPARKLING WATER	K45.00
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ROCK SHANDY	K105.00
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MALAWI SHANDY	K105.00
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PASSION SHANDY	K105.00
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HOMEMADE LEMONADE	K105.00
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HOT DRINKS

ESPRESSO	K60.00
DOUBLE ESPRESSO	K70.00
CAFÉ LATTE	K75.00
HOT CHOCOLATE	K90.00
CAFÉ MOCHA	K90.00
VANILLA LATTE	K95.00
HAZELNUT LATTE	K95.00
MATCHA LATTE	K110.00
AMERICANO	K60.00
CAPPUCCINO	K70.00
GRAND CAPPUCCINO	K80.00
GREEK COFFEE	K60.00
MACCHIATO	K60.00
ROOIBOS CHAI	K65.00
FIVE ROSES TEA	K65.00
EARL GREY TEA	K65.00
ROOIBOS TEA	K65.00
LEMON & GINGER TEA	K65.00
MINT TEA	K65.00
TURMERIC LATTE	K95.00
<i>Milk , ground turmeric, cinnamon & vanilla extract</i>	
BEETROOT LATTE	K95.00
<i>Brewed hot coffee, fresh beetroot, & agave syrup</i>	
MATCHA LATTE	K110.00
<i>Milk , Matcha & Honey</i>	
SALTED CARAMEL LATTE	K95.00
<i>Milk, Coffee & Salted Caramel Syrup</i>	
VANILLA CHAI LATTE	K95.00
<i>Milk, Vanilla Chai & Honey</i>	
SPICED CHAI LATTE	K95.00
<i>Milk, Chai Spices & Honey</i>	

ALCOHOLIC COFFEE

IRISH COFFEE (HOT)	K165.00
<i>Double shot of espresso with a double tot of Jameson Whiskey</i>	

EXTRAS

OAT MILK	K50.00
SOY MILK	K50.00
ALMOND MILK	K50.00
COCONUT MILK	K50.00





COLD COFFEES

DALGONA COFFEE	K90.00
ICED AMERICANO	K60.00
ICED LATTE	K85.00
ICED COFFEE MOCHA	K95.00
MATCHA	K110.00
SALTED CARAMEL	K95.00
VANILLA CHAI	K95.00
SPICED CHAI	K95.00

FRESH JUICES

FLU JUICE <i>Orange, carrot, lemon, ginger & cayenne pepper</i>	K150.00
HEART BEET <i>Apple, beetroot, cucumber, lemon & mint</i>	K150.00
CBC <i>Carrot, beetroot & celery</i>	K150.00
YOUR DAILY GREENS <i>Apple, spinach/kale, cucumber, celery & chia seeds</i>	K150.00
SUPER SKIN SAVER <i>Cucumber, pineapple & apple</i>	K150.00
COCONUT BURST <i>Coconut milk, banana, apple, & pineapple</i>	K150.00
VITAMIN SEE <i>Mango, Pineapple, carrot & orange</i>	K150.00
LEMON - AID <i>Freshly squeezed lemon juice, pineapple, ginger, apple juice & mint</i>	K150.00

HEALTH SHOTS

BLACK LEMON- AID SHOT <i>Activated charcoal, lemon & honey</i>	K60.00
GINGER SHOT <i>Pure Ginger Shot</i>	K60.00
FLU SHOT <i>Ginger, honey, lemon & cayenne powder</i>	K60.00

YOGURT SMOOTHIES

MIXED BERRY	K150.00
TROPICAL	K150.00
MANGO	K150.00
STRAWBERRY	K150.00
BANANA & MANGO	K150.00

FROZEN SMOOTHIES

MANGO MADNESS	K140.00
MINT LEMONADE	K140.00
MIXED BERRY	K140.00
STRAWBERRY	K140.00
PINK LEMONADE	K140.00
WATERMELON & KIWI	K140.00
GREEN APPLE & KIWI	K140.00
ICED CAPPUCINO	K140.00
FUDGE CARAMEL	K140.00
SALTED CARAMEL	K140.00
MATCHA & WHITE CHOC FRIO	K180.00

SHAKES

STRAWBERRY SPRINKLE	K140.00
CHOCOHOLIC	K140.00
COFFEE	K140.00
VANILLA BEAN	K140.00
OREO SHAKE	K140.00
TIRAMISU	K140.00
TOASTED MARSHMALLOW	K155.00
SALTED CARAMEL POPCORN	K155.00
MATCHA	K160.00

BOBA ICED TEA

White tea base with lemonade, refreshing flavours topped with bursting fruit boba's

MANGO & PASSION	K160.00
BERRY BURST	K160.00
GREEN APPLE	K160.00
COTTON CANDY	K160.00
CLOUDY LEMONADE	K160.00
PEACH ICED TEA	K160.00

MILK BOBA ICED TEA

*White tea base with cow milk topped with chewy tapioca boba's
*Choice of Milk options at an extra fee**

MATCHA	K165.00
ALMOND	K165.00
CAFE LATTE	K165.00





COCKTAILS

BAOBAB G&T <i>Beefeater gin, baobab syrup & tonic</i>	K195.00
OPIUM <i>Jameson, Strawberry & Lemon Syrup</i>	K195.00
WHISKEY SOUR <i>Jameson, Lemon syrup & bitters</i>	K205.00
CLASSIC MINT MOJITO <i>Bacardi rum, lime juice, mint syrup & soda</i>	K210.00
STRAWBERRY MOJITO <i>Bacardi rum, lime juice, mint strawberry syrup & soda</i>	K200.00
FROZEN MINT MOJITO <i>White Bacardi rum, mint syrup, mint leaves blended</i>	K200.00
THE SIESTA <i>Tequila, martini rosso, baobab cordial & tonic</i>	K195.00
CLASSIC MARGARITA <i>Olmeca Tequila Silver, Triple sec & Lime juice</i>	K200.00
FROZEN LIME MARGARITA <i>Olmeca Tequila Silver, Triple Sec & Lime Cordial Blended</i>	K190.00
FROZEN STRAWBERRY DAIQUIRI <i>Havana rum, lime juice & strawberry syrup</i>	K210.00
FROZEN MANGO LIME DAIQUIRI <i>Bacardi white rum, lime juice & frozen mango</i>	K210.00
VODKA LIME-ADE <i>Absolut vodka, lime juice, sugar syrup & lemonade</i>	K180.00
MIMOSA <i>Pineapple, orange or litchi juice, topped with Sparkling Wine</i>	K115.00
TEQUILA OLD FASHIONED <i>Olmeca Tequila gold, orange cordial & bitters</i>	K180.00
LONG ISLAND ICE TEA <i>Tequila, Bacardi, gin, vodka, lime syrup, topped with coke</i>	K220.00
FROZEN KIWI & WATERMELON <i>Absolut Vodka, Kiwi syrup & frozen watermelon</i>	K210.00
STRAWBERRY FIELD <i>Beefeater pink gin, strawberry syrup topped with pink tonic</i>	K180.00
DON PEDRO (COLD) <i>Amarula Blended with Vanilla Ice-cream</i>	K150.00
PINEAPPLE GIN SMASH (1964) <i>Fresh Pineapple, 1964 Gin & Tonic</i>	K180.00
SPICY WATERMELON MARGARITA <i>Fresh watermelon, tequila, jalapeno, lime with a spicy tajin rum</i>	K200.00
SPICY MANGO MARGARITA <i>Mango, tequilla, jalapena, lime with a spicy tajin rim</i>	K200.00
SPICY BLOODY MARY <i>Tomato juice, vodka, lemon juice, spicy Bloody Mary mix</i>	K205.00
APEROL SPRITZ <i>Aperol, Prosecco & soda</i>	K230.00
KYAMI PASSION <i>Kyami Gin, Passion, soda, Vanilla syrup, lime juice</i>	K190.00

CRAFT GIN

	TOT	BOTTLE
SUGARBIRD SPIRIT JUNIPER UNFILTERED PURPLE GIN	K85.00	K1000.00
SUGARBIRD PINO & PELARGONIUM PINK GIN	K85.00	K1000.00
KINDRED LEAN ON ME FYNBOS GIN	K85.00	K1000.00
WHITLEY NEILL <i>Blackberry, Blood Orange, Raspberry & Original</i>	K85.00	K1000.00
1964 CRAFT GIN	K90.00	K1100.00
ALVEARIUM GIN	K90.00	K1100.00
KYAMI GIN	K90.00	K1100.00

SPIRITS

Spirit Bottles Come With 4 Complimentary Mixers

	TOTS	BOTTLE
HENNESSY	K115.00	K2,000.00
JAMESON	K60.00	K900.00
JAMESON BLACK BARREL	K85.00	K1,350.00
JAMESON IPA	K85.00	K1,350.00
JACK DANIELS	K70.00	K950.00
GLENFIDDICH 12 YRS	K120.00	K1,900.00
GLENFIDDICH 15 YRS	K145.00	K2,100.00
GLENFIDDICH 18 YRS	K180.00	K3,500.00
GLENLIVET 12 YRS	K115.00	K1,900.00
GLENLIVET 18 YRS	K200.00	K3,980.00
GLENMORANGIE 10 YRS	K115.00	K2,300.00
GLENMORANGIE 12 YRS	K125.00	K2,500.00
GLENMORANGIE 14 YRS	K160.00	K2,700.00
JOHNNY WALKER BLACK	K80.00	K950.00
JOHNNY WALKER BLUE	K500.00	K8,000.00
CHIVAS 12 YRS	K70.00	K950.00
GREY GOOSE	K80.00	K1,300.00
SMIRNOFF VODKA	K55.00	K790.00
ABSOLUT VODKA	K60.00	K850.00
BEEFEATER PINK GIN	K60.00	K850.00
BEEFEATER GIN	K60.00	K850.00
BEEFEATER BLOOD ORANGE	K60.00	K850.00
BEEFEATER 24	K60.00	K850.00
BOMBAY GIN	K70.00	K850.00
GORDONS GIN	K55.00	K850.00
CAPTAIN MORGAN DARK RUM	K55.00	K850.00
SOUTHERN COMFORT	K65.00	K850.00
AMARULA	K65.00	K850.00
MALIBU	K60.00	K850.00
OLMECA TEQUILA GOLD	K65.00	K850.00
BACARDI WHITE RUM	K65.00	K850.00
KWV BRANDY 12YRS	K65.00	K760.00

BEERS | CIDERS

CASTLE	K55.00
CASTLE LITE	K65.00
MOSI	K55.00
WINDHOEK DRAUGHT	K70.00
WINDHOEK LAGER	K70.00
WINDHOEK LIGHT	K65.00
FLYING FISH	K60.00
SAVANNAH CIDER	K80.00
HEINEKEN	K80.00
HEINEKEN SILVER	K80.00
STELLAR ARTOIS	K80.00
BUDWEISER	K70.00
HUNTERS GOLD	K80.00
HUNTERS DRY	K80.00
BLACK LABEL	K70.00
BRUTAL FRUIT	K80.00
CORONA	K80.00

SHOTS

JAGERBOMB	K100.00
BLOWJOB	K100.00
BLUE	K100.00

Vodka, malibu, pineapple juice, blue curacao & sprite

WINE

HOUSE WINE BY GLASS

DU TOITSKLOOF SAUV BLANC	K130.00
DU TOITSKLOOF CAV SAUV SHIRAZ (D)	K150.00
WATERKLOOF FALS BAY ROSE	K150.00
CRONIER SWEET RED	K150.00

WHITE WINE

L'AVENIR PROVENANCE CHENIN BLANC	K650.00
PINTA NEGRA BLANCO BLEND	K650.00
TOKARA SAUVIGNON BLANC	K970.00
SARAH'S CREEK SAUV BLANC	K550.00
SIMONISIG PINOT GRIGIO	K650.00
INYOSI WHITE	K850.00
KEN FORRESTER SAUVIGNON BLANC	K850.00
MAN FAMILY SAUVIGNON BLANC	K900.00
LA MOTTE SAUVIGNON BLANC	K1,650.00

ROSE WINE

L'AVENIR HORIZON ROSE DE PINOTAGE	K650.00
PAINTED WOLF THE DEN DRY ROSE	K600.00
BALANCE NATURAL SWEET ROSE	K550.00
PINTA BEGRA ROSE	K650.00
SIMONSVEI SHIRAZ ROSE	K650.00

RED WINE

MEERLUST MERLOT	K2,100.00
MEERLUST RUBICON	K2,300.00
PINTA NEGRA TINO ROUGE	K650.00
TOFFEE CHUNK SYRAH	K700.00
JA MOCHA	K700.00
PAINTED WOLF THE DEN CAB SAUV	K650.00
PAINTED WOLF THE DEN PINOTAGE	K650.00
DU TOITSKLOOF MERLOT	K450.00
NEDERBURG PINOTAGE	K450.00
NEDERBURG CAB SAUV	K450.00
NEDERBERG MERLOT	K450.00
CRONIER DRY RED	K450.00
INYOSI RED	K900.00
KEN FORRESTER CABERNET SAUVIGNON	K980.00
JAM JAR SWEET RED	K700.00
MAN FAMILY PINOTAGE	K1100.00
MAN FAMILY SHIRAZ	K1100.00
MAN FAMILY CABERNET SAUVIGNON	K1100.00
LA MOTTE MILLENIUM	K2100.00
ANTHONY RUPERT	K2300.00
CHOCOLATE BLOCK	K2400.00

SPARKLING WINE

GRAHAM BECK BRUT NV	K850.00
GRAHAM BECK BRUT ROSE NV	K850.00
GRAHAM BECK BLISS NECTAR NV	K850.00
LADY LILLIAN ROSÉ	K700.00
BLANC DE NOIR ROSÉ	K700.00
Jam Jar Sparkling Sweet Blush	K700.00
Man Family Sparkling Chenin Blanc	K900.00
Limmencello Spritz	K900.00
Simonsvlei Peach Bellini Spritz	K850.00

CHAMPAGNE

MOET BRUT	K2,100.00
MOET NECTAR	K2,300.00
VEUVE CLICQUOT ROSE	K3,200.00
VEUVE CLICQUOT BRUT	K3,000.00