



MINT
— AGORA —

Food

MINT AGORA

FOOD

• BRUNCH •

Something on Toast

All Dishes are served on a Sour-dough Toast, other bread options are; white, brown or Multi-seed Sour-dough

SMASHED AVO & EGG ❤

Chilli & lime smashed avocado served with 2 poached eggs (add smoked salmon or crispy bacon)

K 155.00

SCRAMBLED SWEETCORN

Scrambled eggs, with a creamy sweetcorn sauce, crispy bacon & parmesan shavings

K 160.00

BEETS & AVO ❤

Beetroot hummus with avocado, sweet mixed nuts & feta, pickled raddish (Add smoked salmon or tuna)

K 140.00

GREEN GODDESS ❤

Ricotta cheese, grilled zucchini, asparagus, edamame, rocket & crumbed feta

K 180.00

MUSHROOM & SPINACH ❤

Sautéed button mushroom and spinach on a creamy ricotta cheese topped with rocket, crumbed feta & a lemon, olive oil drizzle

K 195.00

BUFFALO MOZZARELLA CAPRESE ❤

Melted mozzarella pesto, buffalo mozzarella, tomato with a lemon basil pesto sauce, rocket & balsamic glaze drizzle.

K 210.00

CREAMY EGG & AVO ❤

Classic egg salad with a twist. Boiled egg & aco cubes mixed in a mayo, dill sauce topped with rocket.

K 135.00

THE TUNA

A zesty lemon & drizzle tartar sauce, tuna with gherkins, & avocado

K 190.00

SMOKED SALMON SCRAMBLE

Smoked salmon, cream cheese & scrambled egg

K 240.00

Sweet Toasts

BERRY FRENCH TOAST

2 pieces of our fluffy cornflake coated brioche french toast, served with a berry compote, fresh berries & cream

K 170.00

MAPLE BACON & BANANA FRENCH TOAST

2 pieces of our fluffy cornflake coated brioche french toast, served with caramelised banana & maple glazed crispy bacon

K 195.00

Croissants

SMOKED SALMON & CREAM CHEESE

K 190.00

HAM & CHEESE

K 165.00

SCRAMBLED EGG & BACON

K 180.00

NUTELLA

K 95.00

JAM

K 85.00

PLAIN

K 75.00

• WAFFLES •

All waffles served with 1 scoop of ice cream & whipped cream

FRUIT SALAD

K 180.00

CHOCOHOLIC

K 180.00

BANANA & CHOCOLATE

K 180.00

PLAIN

K 140.00

• PANCAKES •

4 American style fluffy pancakes served with a scoop of ice cream

SWEET & SALTY

K 190.00

Served butter & crispy maple bacon

FUNFETTI

K 170.00

OREO

K 170.00

BERRY

K 170.00

CHOCOLATE

K 170.00

MINT AGORA

FOOD

• BRUNCH •

Smoothie Bowls

Add Whey Protein (K40) or Collagen Powder (K55)

VERY BERRY

Mixed berries, apple, banana, almond milk, honey, coconut milk, chia seeds, granola & toasted coconut flakes

K 180.00

GREEN SUPERFOOD

Avocado, apple, banana, honey, chia seeds, almond butter, almond milk, coconut milk, mixed seeds, berries, spinach & toasted coconut flakes

K 185.00

SUNSHINE

Mango, pineapple, banana, coconut milk, chia seeds, almond butter & toasted coconut flakes

K 180.00

Banana Splits

SKINNY BANANA SPLIT

Banana, berries, plain yogurt, granola, toasted coconut flakes drizzled with honey

K 170.00

CHOCOLATE BANANA SPLIT

Banana, berries, crushed biscuits, toasted coconut flakes, whipped cream drizzled with chocolate sauce

K 170.00

Healthy Jars

Add Whey Protein (K40) or Collagen Powder (K55)

FRUIT SALAD CRUNCH

Fresh apple, pineapple, watermelon, orange, grape, banana topped with crunchy granola

K 150.00

BANANA, HALVA & APPLE

Sliced banana, natural yogurt, apple, halva, honey, mixed seeds & nuts topped with crunchy muesli

K 150.00

VITAL BERRY

Mixed berries, natural yogurt, banana, honey, house made berry compote, granola & chia seeds

K 150.00

• RISE & SHINE •

Rise & Shine Breakfasts are served until 12:30pm

ACTIVE MORNING

Smoked salmon, scrambled eggs, avocado, rocket, grilled halloumi, quinoa zucchini rosti & baby spinach

K 255.00

EGGS BENEDICT

2 poached eggs on English muffins, avocado, smoked salmon, chives, topped with a smoked paprika hollandaise sauce

K 240.00

LOADED OMELETTE ❤

Fluffy omelette with spinach, baby tomato, cheddar, feta and toasted bread on the side

K 190.00

OMELETTE FLORENTINE ❤

Fully omelette with spinach, feta, mozzarella & crème fraise

K 190.00

TURKISH DELIGHT ❤

2 coconut fried eggs, herbed labneh, hummus, spiced roasted chickpeas served on a zatar & olive oil flatbread

K 150.00

FULL SUNRISE BREAKFAST

2 eggs, crispy bacon, chipolata sausages (beef or pork), baked bean chakalaka, grilled mushroom & grilled tomatoes

K 235.00

THE STEAK & EGG

150g of beef fillet. 2 fried eggs, sautéed mushroom & spinach, sweet potato fries & herbed grilled tomatoes

K 240.00

MEDITERRANEAN SHAKSHUKA

Spiced onion & tomato relish, mushroom, topped with 3 baked eggs & feta cheese, served with a side of crispy flat bread

(Add chipolata sausage or bacon as extra)

K 180.00

BREAKFAST BURRITO

Scrambled egg, corn, kidney beans, tomato salsa, guacamole, feta, coriander & cherry tomatoes

K 150.00

PUMPKIN WAFFLE

Pumpkin waffle with crispy bacon, 2 coconut fried eggs & chakalaka baked beans

K 230.00

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FOOD

• STARTERS •

HUMMUS PLATE ❤

Hummus 3 ways, pumpkin, beetroot & classic served with a village cucumber, onion & tomato salad & pita bread

K 155.00

BASIL HALLOUMI ❤

Grilled halloumi, blistered baby tomatoes with fresh basil & chilli served with a pita bread

K 150.00

CRISPY CRUMB WINGS

Crispy crumbed chicken wings, served with a sweet chilli mayo

K 190.00

PERI- PERI LIVERS

Portuguese style chicken livers in a creamy peri-peri sauce served with toasted crostinis

K 170.00

TACO BOWL

Mexican spiced beef mince , lettuce, tomato salsa, sweet corn mixed beans, cheddar cheese, sour cream, guacamole & taco chips

K 210.00

BEEF KEFTEDES

Greek style beef mince meat kebab served on hummus with a cucumber, mint & tomato salsa & pita bread

K 215.00

• FLAT BREAD •

Our homemade yoghurt flat breads with delicious toppings

CHICKEN PESTO

Basil pesto, mediterranean marinated chicken, sun-dried tomato topped with a balsamic glaze & rocket

K 220.00

SMOKED SALMON

Smoked salmon, cream cheese, lettuce, rocket, cucumber, avo & capers

K 240.00

MEDITERRANEAN

Sundried tomato pesto, lettuce, baby tomato, rocket, prosciutto, smoked chicken, olives topped with a basil pesto

K 225.00

TZATZIKI CHICKEN

Greek yogurt tzatziki, lettuce, rocket, cucumber, red onion, baby tomato, mint & mediterranean marinated chicken

K 225.00

PINK BEETS ❤

Beetroot hummus, lettuce, roasted chickpeas, cucumber, roasted beetroot, topped with rocket, feta & balsamic glaze

K 185.00

• BAGELS •

All Bagels served with sweet potato fries • Subject to availability option normal fries

SMOKED SALMON

Smoked salmon, cream cheese, capers, lettuce, rocket, cucumber, red onion & avocado

K 240.00

TUNA

Tuna, red onion, lettuce, mayo, gherkins, tomato, rocket & cucumber

K 180.00

CRAYFISH

Crayfish, rocket, lettuce, avocado & zesty lemon mayo dressing

K 200.00

CLASSIC BLT

Bacon, lettuce, tomato, mayo, cucumber, rocket (add chicken)

K 170.00

SUNNY SIDE UP

Cream cheese avo spread, bacon, lettuce, tomato & fried egg

K 185.00

• TOASTIES •

All Toasted sandwiches served with a Mint Side Salad

CHEESE & TOMATO

K 120.00

HAM, CHEESE & TOMATO

K 125.00

BACON, HALLOUMI & TOMATO

K 170.00

TUNA MAYO

K 125.00

CHICKEN MAYO

K 125.00

MINT AGORA

FOOD

• BUDDAH BOWLS •

Warm

CAJUN CHICKEN & CORIANDER LIME RICE

Mixed bean coconut rice, roasted vegetable medley, cajun marinated chicken breast with a sweet chilli & soy dressing

K 230.00

CAULIFLOWER RICE & CURRIED LENTILS

Cauliflower rice, spicy curried lentils & chickpeas, pickled carrots, yogurt raita served with our yogurt flat bread

K 190.00

CHICKEN SATAY NOODLE

Mixed peppers, mixed cabbage, onions, coriander, broccoli, chilli, peanuts, sesame seeds & soy chicken strips with a soy satay dressing

K 230.00

GREEN CHICKEN CURRY

Spicy green curry with butter-nut & green beans served with white sticky rice

K 230.00

MEDITERRANEAN CHICKEN COUSCOUS

Spiced mediterranean chicken, couscous, roasted chickpeas, cherry tomato, hummus, spinach served with pita bread

K 230.00

STEAK BUTTER-NUT & AVO

Rocket, sautéed spinach, avo, pickled carrot, teriyaki marinated beef fillet topped with an avocado, lime & coriander dressing

K 250.00

CHICKEN NOODLE BROTH

Carrots, oyster mushroom, broccoli, spring onion, fresh red chilli, chinese noodles in a chicken broth topped with sliced spiced chicken breast

K 220.00

PRAWN & CRAYFISH DUMPLING BROTH

Prawn dumplings, spring onion, spinach, soy crayfish & chinese noodle in a broth with our special spicy teriyaki sauce

K 240.00

TERIYAKI CHICKEN KATSU

Pickled carrots, edamame beans, spring onions served on sticky rice topped with crispy chicken strips and a spicy teriyaki sauce

K 230.00

BEEF THAI NOODLE

Mixed bell peppers, mixed cabbage, onions, coriander, chinese noodles, peanuts, soy marinated beef strips with a sesame tahini dressing

K 240.00

CHICKEN PHAD THAI

Asian style chicken, cashew nuts, egg noodles, sesame seeds cabbage, spring onion, carrots served in our pad thai sauce

K 230.00

SPICY MINCE BROTH

Asian spicy chicken mince, chinese noodles, sesame seeds, spinach, broccoli with our spicy soy sauce

K 230.00

BASIL BEEF

Soy beef, butter-nut, green-beans, basil leaves, chilli, mixed peppers & sticky rice

K 240.00

Cold

THE GREEK

Traditional Greek flavours, cucumber, tomatoes, feta, olives, lettuce and balsamic vinaigrette

K 160.00

SALMON POKE BOWL

Fresh salmon, avo, cucumber, tomato, lettuce, rocket, sesame seeds, teriyaki & sweet chilli soy dressing

K 240.00

HONEY MUSTARD CHICKEN

Lettuce, avocado, baby tomatoes, red onion, sweetcorn, boiled egg, crispy bacon, chicken breast topped with a honey mustard sauce

K 230.00

ENERGY BOOSTER

Beetroot, mushroom, quinoa, red cabbage, sweet nut mix with a tahini dressing

K 155.00

FOUR BEAN

Black bean, camellia bean, chick pea & green beans, red onion, coriander, mint with our lemon house dressing (add tuna)

K 160.00

BEETROOT LOVER

Quinoa, rocket, feta, roasted beetroot & beetroot hummus with balsamic dressing (add chicken)

K 155.00

MINT HEALTH

Couscous, soft boiled egg, avocado, baby tomato, basil pesto and roasted mixed nuts

K 155.00

ZESTY CRAYFISH

Rocket, orange, lettuce, avocado, orange, crayfish - topped with zesty lemon/ orange dressing

K 220.00

ROASTED VEG, QUINOA & HALLOUMI

Roasted beetroot, butter-nut, egg plant, baby marrow on a healthy bed on quinoa,

mixed seeds with grilled halloumi and a balsamic glaze drizzle (add chicken)

K 210.00

CHICKEN CAESAR

Grilled chicken, bacon, egg, parmesan, lettuce, tomato, croutons dressed

with an anchovy mayo dressing

K 230.00

CHICKEN SALAD

Grilled chicken breast, cucumber, lettuce, tomato, red onion, sweetcorn,

feta and a lemon olive oil dressing

K 210.00

CHIMICHURRI BEEF BOWL

Beef fillet, avocado, lettuce, parmesan, rocket & chimichurri sauce

K 240.00

MINT AGORA

FOOD

• WRAPS •

All wraps are served in Our Signature Green Kale & Spinach wrap and served with our famous Mint Side Salad

CHICKEN & BACON

Chicken, cheddar cheese bacon, lettuce, carrots & honey mustard sauce

K 210.00

CHICKEN & HALLOUMI

Chicken, halloumi, honey mustard, avocado, lettuce, carrot with hummus

K 210.00

ROASTED VEGETARIAN ♡

Onions, mixed peppers, baby marrow & hummus

K 180.00

BEEF FILLET

Beef strips, mixed peppers, onion & feta

K 220.00

BURRITO ROLL

Chicken strips or beef mince, cheddar, sour cream, guacamole,

coriander & beans

K 220.00

ENCHILADAS

Chicken or beef fillet, salsa, cheddar cheese served with sour

cream & guacamole dips

K 230.00

MEDITERRANEAN TUNA

Tuna, spring onions, capers, lettuce, gherkins & cucumber

K 180.00

HUMMUS CRUNCH ♡

Hummus, mixed grilled peppers, carrots, cucumber, red cabbage, signature roasted pepper sauce

K 135.00

MEDITERRANEAN CHICKEN

Salsa, grilled halloumi, lettuce, carrots tzatziki

K 210.00

SMOKED SALMON

Smoked salmon, cream cheese, capers, lettuce, cucumber, rocket

K 235.00

CHICKEN SHAWARMA

Sumac chicken, pickled gherkins, fries, garlic sauce served with fries

K 210.00

CURRY LENTIL ♡

Lettuce, curried lentils, carrots, salsa, coriander & yogurt raita

K 150.00

TERIYAKI CHICKEN

Teriyaki chicken, lettuce, carrots, cucumber, avo, spring onion, sesame seeds & house mayo sauce

K 210.00

CHICKEN CAESAR

Chicken, bacon, lettuce, anchovy mayo, avocado & croutons

K 215.00

• TACOS •

3 soft pink beetroot taco shells

SPICY SRIRACHA CRAY

Mixed slaw, guacamole, coriander, spicy sriracha cream & sweet chilli cray fish

K 230.00

CILANTRO LIME CHICKEN

Mixed slaw, salsa, guacamole, lettuce, mexican spiced chicken, sour cream & coriander avo cream sauce

K 230.00

EL CLASSICO

Lettuce & mixed slaw, cheddar, salsa, corn, sour cream, guacamole, mixed beans, mexican spiced beef mince

K 230.00

CRISPY FISH

Mixed slaw, guacamole, coriander, spicy sriracha cream, feta & crispy fish

K 250.00

• SUBS •

All subs served with a Mint side salad

TUNA MELT

Tuna, gherkins, salsa, signature cheese mix all melted on a crispy mini baguette

K 190.00

MEXICAN CHICKEN

Mexican spiced grilled chicken, beans, spicy coriander salsa, guacamole, signature cheese mix, melted on a crispy mini baguette

K 220.00

THE VEGETARIAN ♡

Grilled baby marrow, mushroom, onion, feta, signature cheese mix, melted on a crispy mini baguette

K 190.00

PEPPER STEAK SUB

Grilled beef fillet strips in a creamy pepper sauce topped with our delicious signature cheese mix, melted on a crispy mini baguette

K 230.00

LOADED DOG

Chicken vienna sausage topped with our delicious signature cheese mix, melted on a crispy mini baguette

K 160.00

MINT AGORA

FOOD

• PANINI'S •

Served on a panini bread and a mint side salad

PANINI MINT

Grilled chicken, grilled halloumi, onions, oyster mushrooms with a basil mayo sauce

K 230.00

CHICKEN PREGO

Chicken strips marinated in our secret peri peri sauce with grilled onions

K 230.00

STEAK & ONION

Grilled steak, grilled onions, tomato and our signature steak sauce

K 230.00

• BURGER'S •

All Burgers are served with a side of fries

GOURMET CHEESE BURGER

200g beef burger patty, lettuce, tomato, cheddar, grilled onions with a signature burger sauce

K 230.00

CHICKEN TIKKA FILLET BURGER

Chicken strips marinated in our secret piri piri prig sauce with grilled onions

K 230.00

FISH BURGER

Battered Hake fillet, lettuce, pickled onions with a tartar sauce

K 235.00

BEEF & BACON BURGER

200g beef burger patty, bacon, lettuce, tomato, cheddar, grilled onions with a signature burger sauce

K 240.00

BURGER SLIDERS

Trio of one mini fish, chicken & beef burger

K 270.00

SKINNY BURGER

Lean beef patty served on lettuce, tomato & rocket bed topped with tzatziki sauce

K 220.00

• PASTA •

TUNA PASTA

Tuna in a fresh tomato sauce, capers, gherkins, baby tomatoes served with penne pasta & parmesan

K 210.00

GREEN PEA & PESTO

Green peas, baby marrow in a creamy basil pesto sauce served with penne pasta & parmesan

K 195.00

ZUCCHINI NOODLE

Zucchini noodles in a lemon basil pesto sauce with baby tomatoes & grilled halloumi

K 180.00

CREAMY SALMON

Smoked salmon, dijon mustard cream sauce, capers served with penne & parmesan

K 260.00

MEDITERRANEAN CHICKEN PASTA

Broccoli, baby marrow, sundried tomato, baby spinach, home made pomodori and chicken with tagliatelle pasta

K 230.00

SPAGHETTI BOLOGNAISE

Classic spaghetti & beef bolognase sauce

K 235.00

MINT AGORA

FOOD

• CLASSICS •

TERIYAKI SALMON

Teriyaki salmon fillet served with orange pickled carrots, mixed brown/ black rice, avocado, broccoli, edamame beans, sautéed spinach & teriyaki sauce

K 480.00

CORNFLAKE SCHNITZEL

Crispy cornflake schnitzel, served with sweet potato fries, mint side salad and a mushroom sauce

K 250.00

RED SALMON CURRY

Oven baked salmon fillet served with white sticky rice, sautéed spinach topped with a creamy coconut red curry sauce

K 480.00

CHICKEN CAPRESE

Oven baked chicken breast with buffalo mozzarella, mozzarella, tomato served with a basil pesto penne pasta

K 270.00

HERBED QUINOA SCHNITZEL

Quinoa coated chicken fillet, served with a mixed salad & topped with a herb labneh

K 260.00

FILLET STEAK

240g beef fillet medallions, served with lemon paprika baby potatoes, and carrot, green bean sautéed vegetables & pepper sauce

K 290.00

RUMP STEAK

300g aged rump steak served with classic fries & pepper sauce

K 320.00

MEXICAN FIESTA

Mexican cauliflower spiced rice, black beans served with a saucy mexican chicken fillet topped with spicy chimichurri, sour cream & guacamole

K 230.00

FISH & CHIPS

Fluffy beer battered fish fillet served with chips, side salad and tartar sauce

K 260.00

CHICKEN GYRO PITA

Greek style marinated chicken kebabs, served on a pita bread with tzatziki yogurt, lettuce, cabbage, red onion, any tomatoes and fries on the side

K 235.00

CHICKEN TIKKA KEBAB

Chicken tikka spicy kebabs, served with turmeric cumin rice, a cucumber, red onion coriander & tomato salad & a raita yogurt dip with a pita bread on the side

K 235.00

SPICY VEGAN MEAT BALLS

Vegan meatballs in a roasted pepper & tomato sauce served with a cauliflower rice or mash potato

K 190.00



DISCLAIMER

Food may contain nuts,
Please inform waiters of any allergies before ordering.

All food is freshly prepared,
Allow for 30 min for food to be made.