



MINT
— A G O R A —

Food

MINT AGORA

FOOD

• BRUNCH •

Something on Toast

All Dishes are served on a Sour-dough Toast, other bread options are; white, brown or Multi-seed Sour-dough

SMASHED AVO & EGG ♥

Chilli & lime smashed avocado served with 2 poached eggs (add smoked salmon or crispy bacon)

K 155⁰⁰

SCRAMBLED SWEETCORN

Scrambled eggs, with a creamy sweetcorn sauce, crispy bacon & parmesan shavings

K 160⁰⁰

BEETS & AVO ♥

Beetroot hummus with avocado, sweet mixed nuts & feta, pickled raddish (Add smoked salmon or tuna)

K 140⁰⁰

GREEN GODDESS ♥

Ricotta cheese, grilled zucchini, asparagus, edamame, rocket & crumbed feta

K 180⁰⁰

MUSHROOM & SPINACH ♥

Sautéed button mushroom and spinach on a creamy ricotta cheese topped with rocket, crumbed feta & a lemon, olive oil drizzle

K 195⁰⁰

BUFFALO MOZZARELLA CAPRESE ♥

Melted mozzarella pesto, buffalo mozzarella, tomato with a lemon basil pesto sauce, rocket & balsamic glaze drizzle.

K 210⁰⁰

CREAMY EGG & AVO ♥

Classic egg salad with a twist. Boiled egg & aco cubes mixed in a mayo, dill sauce topped with rocket.

K 135⁰⁰

THE TUNA

A zesty lemon & drizzle tartar sauce, tuna with gherkins, & avocado

K 190⁰⁰

SMOKED SALMON SCRAMBLE

Smoked salmon, cream cheese & scrambled egg

K 240⁰⁰

Sweet Toasts

BERRY FRENCH TOAST

2 pieces of our fluffy cornflake coated brioche french toast, served with a berry compote, fresh berries & cream

K 170⁰⁰

MAPLE BACON & BANANA FRENCH TOAST

2 pieces of our fluffy cornflake coated brioche french toast, served with caramelised banana & maple glazed crispy bacon

K 195⁰⁰

Croissants

SMOKED SALMON & CREAM CHEESE

K 190⁰⁰

HAM & CHEESE

K 165⁰⁰

SCRAMBLED EGG & BACON

K 180⁰⁰

NUTELLA

K 95⁰⁰

JAM

K 85⁰⁰

PLAIN

K 75⁰⁰

• WAFFLES •

All waffles served with 1 scoop of ice cream & whipped cream

FRUIT SALAD

K 180⁰⁰

CHOCOHOLIC

K 180⁰⁰

BANANA & CHOCOLATE

K 180⁰⁰

PLAIN

K 140⁰⁰

• PANCAKES •

4 American style fluffy pancakes served with a scoop of ice cream

SWEET & SALTY

Served butter & crispy maple bacon

K 190⁰⁰

FUNFETTI

K 170⁰⁰

OREO

K 170⁰⁰

BERRY

K 170⁰⁰

CHOCOLATE

K 170⁰⁰

MINT AGORA

FOOD

• BRUNCH •

Smoothie Bowls

Add Whey Protein (K40) or Collagen Powder (K55)

VERY BERRY

K 180⁰⁰

Mixed berries, apple, banana, almond milk, honey, coconut milk, chia seeds, granola & toasted coconut flakes

GREEN SUPERFOOD

K 185⁰⁰

Avocado, apple, banana, honey, chia seeds, almond butter, almond milk, coconut milk, mixed seeds, berries, spinach & toasted coconut flakes

SUNSHINE

K 180⁰⁰

Mango, pineapple, banana, coconut milk, chia seeds, almond butter & toasted coconut flakes

Banana Splits

SKINNY BANANA SPLIT

K 170⁰⁰

Banana, berries, plain yogurt, granola, toasted coconut flakes drizzled with honey

CHOCOLATE BANANA SPLIT

K 170⁰⁰

Banana, berries, crushed biscuits, toasted coconut flakes, whipped cream drizzled with chocolate sauce

Healthy Jars

Add Whey Protein (K40) or Collagen Powder (K55)

FRUIT SALAD CRUNCH

K 150⁰⁰

Fresh apple, pineapple, watermelon, orange, grape, banana topped with crunchy granola

BANANA, HALVA & APPLE

K 150⁰⁰

Sliced banana, natural yogurt, apple, halva, honey, mixed seeds & nuts topped with crunchy muesli

VITAL BERRY

K 150⁰⁰

Mixed berries, natural yogurt, banana, honey, house made berry compote, granola & chia seeds

• RISE & SHINE •

Rise & Shine Breakfasts are served until 12:30pm

ACTIVE MORNING

K 255⁰⁰

Smoked salmon, scrambled eggs, avocado, rocket, grilled halloumi, quinoa zucchini rosti & baby spinach

EGGS BENEDICT

K 240⁰⁰

2 poached eggs on English muffins, avocado, smoked salmon, chives, topped with a smoked paprika hollandaise sauce

LOADED OMELETTE ♥

K 190⁰⁰

Fluffy omelette with spinach, baby tomato, cheddar, feta and toasted bread on the side

OMELETTE FLORENTINE ♥

K 190⁰⁰

Fully omelette with spinach, feta, mozzarella & crème fraise

TURKISH DELIGHT ♥

K 150⁰⁰

2 coconut fried eggs, herbed labneh, hummus, spiced roasted chickpeas served on a zatar & olive oil flatbread

FULL SUNRISE BREAKFAST

K 235⁰⁰

2 eggs, crispy bacon, chipolata sausages (beef or pork), baked bean chakalaka, grilled mushroom & grilled tomatoes

THE STEAK & EGG

K 240⁰⁰

150g of beef fillet. 2 fried eggs, sautéed mushroom & spinach, sweet potato fries & herbed grilled tomatoes

MEDITERRANEAN SHAKSHUKA

K 180⁰⁰

Spiced onion & tomato relish, mushroom, topped with 3 baked eggs & feta cheese, served with a side of crispy flat bread
(Add chipolata sausage or bacon as extra)

BREAKFAST BURRITO

K 150⁰⁰

Scrambled egg, corn, kidney beans, tomato salsa, guacamole, feta, coriander & cherry tomatoes

PUMPKIN WAFFLE

K 230⁰⁰

Pumpkin waffle with crispy bacon, 2 coconut fried eggs & chakalaka baked beans

MINT AGORA

FOOD

• STARTERS •

HUMMUS PLATE ♥

Hummus 3 ways, pumpkin, beetroot & classic served with a village cucumber, onion & tomato salad & pita bread

K 155.⁰⁰

BASIL HALLOUMI ♥

Grilled halloumi, blistered baby tomatoes with fresh basil & chilli served with a pita bread

K 150.⁰⁰

CRISPY CRUMB WINGS

Crispy crumbed chicken wings, served with a sweet chilli mayo

K 190.⁰⁰

PERI- PERI LIVERS

Portuguese style chicken livers in a creamy peri-peri sauce served with toasted crostinis

K 170.⁰⁰

TACO BOWL

Mexican spiced beef mince, lettuce, tomato salsa, sweet corn mixed beans, cheddar cheese, sour cream, guacamole & taco chips

K 210.⁰⁰

BEEF KEFTEDES

Greek style beef mince meat kebab served on hummus with a cucumber, mint & tomato salsa & pita bread

K 215.⁰⁰

• FLAT BREAD •

Our homemade yoghurt flat breads with delicious toppings

CHICKEN PESTO

Basil pesto, mediterranean marinated chicken, sun-dried tomato topped with a balsamic glaze & rocket

K 220.⁰⁰

SMOKED SALMON

Smoked salmon, cream cheese, lettuce, rocket, cucumber, avo & capers

K 240.⁰⁰

MEDITERRANEAN

Sundried tomato pesto, lettuce, baby tomato, rocket, procuito, smoked chicken, olives topped with a basil pesto

K 225.⁰⁰

TZATZIKI CHICKEN

Greek yogurt tzatziki, lettuce, rocket, cucumber, red onion, baby tomato, mint & mediterranean marinated chicken

K 225.⁰⁰

PINK BEETS ♥

Beetroot hummus, lettuce, roasted chickpeas, cucumber, roasted beetroot, topped with rocket, feta & balsamic glaze

K 185.⁰⁰

• BAGELS •

All Bagels served with sweet potato fries • Subject to availability option normal fries

SMOKED SALMON

Smoked salmon, cream cheese, capers, lettuce, rocket, cucumber, red onion & avocado

K 240.⁰⁰

TUNA

Tuna, red onion, lettuce, mayo, gherkins, tomato, rocket & cucumber

K 180.⁰⁰

CRAYFISH

Crayfish, rocket, lettuce, avocado & zesty lemon mayo dressing

K 200.⁰⁰

CLASSIC BLT

Bacon, lettuce, tomato, mayo, cucumber, rocket (add chicken)

K 170.⁰⁰

SUNNY SIDE UP

Cream cheese avo spread, bacon, lettuce, tomato & fried egg

K 185.⁰⁰

• TOASTIES •

All Toasted sandwiches served with a Mint Side Salad

CHEESE & TOMATO

K 120.⁰⁰

HAM, CHEESE & TOMATO

K 125.⁰⁰

BACON, HALLOUMI & TOMATO

K 170.⁰⁰

TUNA MAYO

K 125.⁰⁰

CHICKEN MAYO

K 125.⁰⁰

MINT AGORA

FOOD

• BUDDAH BOWLS •

Warm

CAJUN CHICKEN & CORIANDER LIME RICE

K 230⁰⁰

Mixed bean coconut rice, roasted vegetable medley, cajun marinated chicken breast with a sweet chilli & soy dressing

CAULIFLOWER RICE & CURRIED LENTILS ♡

K 190⁰⁰

Cauliflower rice, spicy curried lentils & chickpeas, pickled carrots, yogurt raita served with our yogurt flat bread

CHICKEN SATAY NOODLE

K 230⁰⁰

Mixed peppers, mixed cabbage, onions, coriander, broccoli, chilli, peanuts, sesame seeds & soy chicken strips with a soy satay dressing

GREEN CHICKEN CURRY

K 230⁰⁰

Spicy green curry with butter-nut & green beans served with white sticky rice

MEDITERRANEAN CHICKEN COUSCOUS

K 230⁰⁰

Spiced mediterranean chicken, couscous, roasted chickpease, cherry tomato, hummus, spinach served with pita bread

STEAK BUTTER-NUT & AVO

K 250⁰⁰

Rocket, sautéed spinach, avo, pickled carrot, teriyaki marinated beef fillet topped with an avocado, lime & coriander dressing

CHICKEN NOODLE BROTH

K 220⁰⁰

Carrots, oyster mushroom, broccoli, spring onion, fresh red chilli, chinese noodles in a chicken broth topped with sliced spiced chicken breast

PRAWN & CRAYFISH DUMPLING BROTH

K 240⁰⁰

Prawn dumplings, spring onion, spinach, soy crayfish & chinese noodle in a broth with our special spicy teriyaki sauce

TERIYAKI CHICKEN KATSU

K 230⁰⁰

Pickled carrots, edamame beans, spring onions served on sticky rice topped with crispy chicken strips and a spicy teriyaki sauce

BEEF THAI NOODLE

K 240⁰⁰

Mixed bell peppers, mixed cabbage, onions, coriander, chinese noodles, peanuts, soy marinated beef strips with a sesame tahini dressing

CHICKEN PHAD THAI

K 230⁰⁰

Asian style chicken, cashew nuts, egg noodles, sesame seeds cabbage, spring onion, carrots served in our pad thai sauce

SPICY MINCE BROTH

K 230⁰⁰

Asian spicy chicken mince, chinese noodles, sesame seeds, spinach, broccoli with our spicy soy sauce

BASIL BEEF 🍄

K 240⁰⁰

Soy beef, butter-nut, green-beans, basil leaves, chilli, mixed peppers & sticky rice

Cold

THE GREEK ♡

K 160⁰⁰

Traditional Greek flavours, cucumber, tomatoes, feta, olives, lettuce and balsamic vinaigrette

SALMON POKE BOWL

K 240⁰⁰

Fresh salmon, avo, cucumber, tomato, lettuce, rocket, sesame seeds, teriyaki & sweet chilli soy dressing

HONEY MUSTARD CHICKEN

K 230⁰⁰

Lettuce, avocado, baby tomatoes, red onion, sweetcorn, boiled egg, crispy bacon, chicken breast topped with a honey mustard sauce

ENERGY BOOSTER ♡

K 155⁰⁰

Beetroot, mushroom, quinoi, red cabbage, sweet nut mix with a tahini dressing

FOUR BEAN ♡

K 160⁰⁰

Black bean, camellia bean, chick pea & green beans, red onion, coriander, mint with our lemon house dressing (add tuna)

BEETROOT LOVER ♡

K 155⁰⁰

Quinoi, rocket, feta, roasted beetroot & beetroot hummus with balsamic dressing (add chicken)

MINT HEALTH ♡

K 155⁰⁰

Cous cous, soft boiled egg, avocado, baby tomato, basil pesto and roasted mixed nuts

ZESTY CRAYFISH

K 220⁰⁰

Rocket, orange, lettuce, avocado, orange, crayfish - topped with zesty lemon/ orange dressing

ROASTED VEG, QUINOA & HALLOUMI ♡

K 210⁰⁰

Roasted beetroot, butter-nut, egg plant, baby marrow on a healthy bed on quinoa, mixed seeds with grilled halloumi and a balsamic glaze drizzle (add chicken)

CHICKEN CAESAR

K 230⁰⁰

Grilled chicken, bacon, egg, parmesan, lettuce, tomato, croutons dressed with an anchovy mayo dressing

CHICKEN SALAD

K 210⁰⁰

Grilled chicken breast, cucumber, lettuce, tomato, red onion, sweetcorn, feta and a lemon olive oil dressing

CHIMICHURRI BEEF BOWL

K 240⁰⁰

Beef fillet, avocado, lettuce, parmesan, rocket & chimichuri sauce

MINT AGORA

FOOD

• WRAPS •

All wraps are served in Our Signature Green Kale & Spinach wrap and served with our famous Mint Side Salad

CHICKEN & BACON

Chicken, cheddar cheese bacon, lettuce, carrots & honey mustard sauce

K 210.⁰⁰

CHICKEN & HALLOUMI

Chicken, halloumi, honey mustard, avocado, lettuce, carrot with hummus

K 210.⁰⁰

ROASTED VEGETARIAN ♡

Onions, mixed peppers, baby marrow & hummus

K 180.⁰⁰

BEEF FILLET

Beef strips, mixed peppers, onion & feta

K 220.⁰⁰

BURRITO ROLL

Chicken strips or beef mince, cheddar, sour cream, guacamole, coriander & beans

K 220.⁰⁰

ENCHILADAS

Chicken or beef fillet, salsa, cheddar cheese served with sour cream & guacamole dips

K 230.⁰⁰

MEDITERRANEAN TUNA

Tuna, spring onions, capers, lettuce, gherkins & cucumber

K 180.⁰⁰

HUMMUS CRUNCH ♡

Hummus, mixed grilled peppers, carrots, cucumber, red cabbage, signature roasted pepper sauce

K 135.⁰⁰

MEDITERRANEAN CHICKEN

Salsa, grilled halloumi, lettuce, carrots tzatziki

K 210.⁰⁰

SMOKED SALMON

Smoked salmon, cream cheese, capers, lettuce, cucumber, rocket

K 235.⁰⁰

CHICKEN SHAWARMA

Sumac chicken, pickled gherkins, fries, garlic sauce served with fries

K 210.⁰⁰

CURRY LENTIL ♡

Lettuce, curried lentils, carrots, salsa, coriander & yogurt raita

K 150.⁰⁰

TERIYAKI CHICKEN

Teriyaki chicken, lettuce, carrots, cucumber, avo, spring onion, sesame seeds & house mayo sauce

K 210.⁰⁰

CHICKEN CAESAR

Chicken, bacon, lettuce, anchovy mayo, avocado & croutons

K 215.⁰⁰

• TACOS •

3 soft pink beetroot taco shells

SPICY SRIRACHA CRAY

Mixed slaw, guacamole, coriander, spicy sriracha cream & sweet chilli cray fish

K 230.⁰⁰

CILANTRO LIME CHICKEN

Mixed slaw, salsa, guacamole, lettuce, mexican spiced chicken, sour cream & coriander avo cream sauce

K 230.⁰⁰

EL CLASSICO

Lettuce & mixed slaw, cheddar, salsa, corn, sour cream, guacamole, mixed beans, mexican spiced beef mince

K 230.⁰⁰

CRISPY FISH

Mixed slaw, guacamole, coriander, spicy sriracha cream, feta & crispy fish

K 250.⁰⁰

• SUBS •

All subs served with a Mint side salad

TUNA MELT

Tuna, gherkins, salsa, signature cheese mix all melted on a crispy mini baguette

K 190.⁰⁰

MEXICAN CHICKEN

Mexican spiced grilled chicken, beans, spicy coriander salsa, guacamole, signature cheese mix, melted on a crispy mini baguette

K 220.⁰⁰

THE VEGETARIAN ♡

Grilled baby marrow, mushroom, onion, feta, signature cheese mix, melted on a crispy mini baguette

K 190.⁰⁰

PEPPER STEAK SUB

Grilled beef fillet strips in a creamy pepper sauce topped with our delicious signature cheese mix, melted on a crispy mini baguette

K 230.⁰⁰

LOADED DOG

Chicken vienna sausage topped with our delicious signature cheese mix, melted on a crispy mini baguette

K 160.⁰⁰

MINT AGORA

FOOD

• PANINI'S •

Served on a panini bread and a mint side salad

PANINI MINT

Grilled chicken, grilled halloumi, onions, oyster mushrooms with a basil mayo sauce

K 230⁰⁰

CHICKEN PREGO 🍗

Chicken strips marinated in our secret peri peri sauce with grilled onions

K 230⁰⁰

STEAK & ONION

Grilled steak, grilled onions, tomato and our signature steak sauce

K 230⁰⁰

• BURGER'S •

All Burgers are served with a side of fries

GOURMET CHEESE BURGER

200g beef burger patty, lettuce, tomato, cheddar, grilled onions with a signature burger sauce

K 230⁰⁰

CHICKEN TIKKA FILLET BURGER

Chicken strips marinated in our secret piri piri prig sauce with grilled onions

K 230⁰⁰

FISH BURGER

Battered Hake fillet, lettuce, pickled onions with a tartar sauce

K 235⁰⁰

BEEF & BACON BURGER

200g beef burger patty, bacon, lettuce, tomato, cheddar, grilled onions with a signature burger sauce

K 240⁰⁰

BURGER SLIDERS

Trio of one mini fish, chicken & beef burger

K 270⁰⁰

SKINNY BURGER

Lean beef patty served on lettuce, tomato & rocket bed topped with tzatziki sauce

K 220⁰⁰

• PASTA •

TUNA PASTA

Tuna in a fresh tomato sauce, capers, gherkins, baby tomatoes served with penne pasta & parmesan

K 210⁰⁰

GREEN PEA & PESTO ♡

Green peas, baby marrow in a creamy basil pesto sauce served with penne pasta & parmesan

K 195⁰⁰

ZUCCHINI NOODLE ♡

Zucchini noodles in a lemon basil pesto sauce with baby tomatoes & grilled halloumi

K 180⁰⁰

CREAMY SALMON

Smoked salmon, dijon mustard cream sauce, capers served with penne & parmesan

K 260⁰⁰

MEDITERRANEAN CHICKEN PASTA

Broccoli, baby marrow, sundried tomato, baby spinach, home made pomodori and chicken with tagliatelle pasta

K 230⁰⁰

SPAGHETTI BOLOGONAISE

Classic spaghetti & beef bolognaise sauce

K 235⁰⁰

MINT AGORA

FOOD

• CLASSICS •

TERIYAKI SALMON

K 480^{.00}

Teriyaki salmon fillet served with orange pickled carrots, mixed brown/ black rice, avocado, broccoli, edamame beans, sautéed spinach & teriyaki sauce

CORNFLAKE SCHNITZEL

K 250^{.00}

Crispy cornflake schnitzel, served with sweet potato fries, mint side salad and a mushroom sauce

RED SALMON CURRY

K 480^{.00}

Oven baked salmon fillet served with white sticky rice, sautéed spinach topped with a creamy coconut red curry sauce

CHICKEN CAPRESE

K 270^{.00}

Oven baked chicken breast with buffalo mozzarella, mozzarella, tomato served with a basil pesto penne pasta

HERBED QUINOA SCHNITZEL

K 260^{.00}

Quinoa coated chicken fillet, served with a mixed salad & topped with a herb labneh

FILLET STEAK

K 290^{.00}

240g beef fillet medallions, served with lemon paprika baby potatoes, and carrot, green bean sautéed vegetables & pepper sauce

RUMP STEAK

K 320^{.00}

300g aged rump steak served with classic fries & pepper sauce

MEXICAN FIESTA

K 230^{.00}

Mexican cauliflower spiced rice, black beans served with a saucy mexican chicken fillet topped with spicy chimmichurri, sour cream & guacamole

FISH & CHIPS

K 260^{.00}

Fluffy beer battered fish fillet served with chips, side salad and tartar sauce

CHICKEN GYRO PITA

K 235^{.00}

Greek style marinated chicken kebabs, served on a pita bread with tzatziki yogurt, lettuce, cabbage, red onion, any tomatoes and fries on the side

CHICKEN TIKKA KEBAB

K 235^{.00}

Chicken tikka spicy kebabs, served with turmeric cumin rice, a cucumber, red onion coriander & tomato salad & a raita yogurt dip with a pita bread on the side

SPICY VEGAN MEAT BALLS ♡

K 190^{.00}

Vegan meatballs in a roasted pepper & tomato sauce served with a cauliflower rice or mash potato



DISCLAIMER

Food may contain nuts,
Please inform waiters of any allergies before ordering.

All food is freshly prepared,
Allow for 30 min for food to be made.